

# Parenting Healthy

## Game Day Snacks Roundup

### PopCorners

Popped corn chips that are crunchy. 7 flavors. Gluten-Free and no artificial ingredients. I love the Sweetly Salted Caramel and Cheddar Feel-Good. My son also loves the caramel. Beware! They are very addictive. Available at retailers such as Winco, Rite Aid and Albertsons

